



OUR VISION

WE STRIVE TO ENHANCE THE QUALITY OF LIFE OF EACH INDIVIDUAL SERVED AND PROVIDE OPPORTUNITIES FOR SOCIAL AND PHYSICAL INVOLVEMENT THROUGH OUR QUALITY THERAPY SERVICES.

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PUREABILITIES.COM



PURE ABILITIES

THERAPEUTIC SERVICES

PUREABILITIES.COM





WHO WE ARE

AT PURE ABILITIES, OUR FOCUS IS ON YOU—OUR CLIENT.

We focus on your lifestyle. Your growth. Your independence. We support individual interests and long-term goals by better incorporating our therapeutic techniques into your daily regimen. We believe in a health-focused approach to increase functional skills and encourage autonomy. Our treatments restore, remediate or rehabilitate for maximum improvement and well-being. We see your ambition. Your true potential. Your resiliency to become your next best self. We make our moments together count. Our experience meets you where you are. Let's redefine what's possible.



RECREATIONAL THERAPY

Pure Abilities works with the individual to help maintain physical, social, cognitive, and emotional functioning. The four life domains are treated through therapeutic interventions that support past and present leisure interests from the individuals served. Recreational therapy provides services that are based on the client's lifestyle, allowing us to better engage in therapeutic techniques by applying these functional improvements to all areas in their life. We continue with a health-focused approach and pursue to keep them active, healthy and independent as possible.

THERAPEUTIC INTERVENTIONS

included but not limited to

- Adaptive Sports
- Aquatic Fitness
- Behavior Modification
- Cognitive Retraining
- Community Outings
- Health and Wellness
- Physical Fitness
- Play Therapy
- Sensory Stimulation
- Stress and Relaxation

BEHAVIOR MANAGEMENT

Behavior Management through Indiana's Medicaid Waiver helps teach appropriate behaviors while decreasing inappropriate behaviors by working with clients in-home, community, school, social, and work settings. Our Behavior Consultants will develop a detailed Behavior Support Plan (BSP) for each client which explains his or her target behaviors, what maintains these behaviors, how to prevent these behaviors from re-occurring, and how to appropriately respond to these behaviors as well as teach socially significant replacement behaviors.

TARGET BEHAVIORS ADDRESSED

included but not limited to

- | | | |
|--------------------------------------|---|-------------------------|
| Compromised Expressive Communication | Inappropriate Social Skills | Physical Aggression |
| Dependent Behavior | Lack of Self Advocacy | Refusal/Non-Compliance |
| Elopement | Minimal Participation in Activities of Daily Living (ADL's) | Self-Injurious Behavior |
| Impaired Coping Skills | | Self-Isolation |
| | | Verbal Aggression |

MUSIC THERAPY

Pure Abilities works with the individual 1-on-1 to help maintain or improve physical, social, cognitive, and emotional functioning. Short-term and long-term goals are formulated and treated through therapeutic interventions that support the interests from the individuals served. Music therapy provides a client-based treatment plan that's reflective of the client's lifestyle, challenging him or her enough to leave each session feeling successful and accomplished.

THERAPEUTIC INTERVENTIONS

included but not limited to

- Adaptive Music Lessons
- Improvisation (Free Play)
- Lyric Analysis
- Music Assisted Relaxation
- Movement to Music
- Singing
- Songwriting

AREAS WE SERVE

IN INDIANA

NORTHEAST

- | | | |
|-----------|------------|------------|
| Adams | Grant | Miami |
| Allen | Howard | Noble |
| Blackford | Huntington | Steuben |
| Dekalb | Kosciusko | St. Joseph |
| Delaware | La Grange | Wabash |
| Elkhart | La Porte | Wells |
| Fulton | Marshall | Whitley |

CENTRAL

- | | | |
|-------------|-----------|------------|
| Bartholomew | Hendricks | Parke |
| Boone | Johnson | Shelby |
| Brown | Lawrence | Sullivan |
| Clay | Marion | Tipton |
| Greene | Monroe | Vermillion |
| Hamilton | Morgan | Vigo |
| Hancock | Owen | |

SOUTHWEST

- Gibson
- Posey
- Vanderburgh
- Warrick

SOUTHEAST

- Dearborn